

<p>Wulhxus (March) <i>(The time when the frogs start to sing)</i> Week at a glance:</p>	
<p>Syulwulhnet (Monday), March 10th BADC, Day 1</p>	<ul style="list-style-type: none"> • Report Cards are Coming Home Mid-Week! • Girls Soccer Practice - 3:45 - 5:00 pm at Sportsplex
<p>Sthumunt-s (Tuesday), March 11th ABCD, Day 1</p>	<ul style="list-style-type: none"> • (optional) Girls Rugby fitness session 7:30 - 8:20 am @ new Quw'utsun gym • Chess Club Meeting @ lunch in rm 103 • D&D Club meets in room 108E @ lunch • Cowichan Citizens Club in rm 200 • Rock Climbing Club @ Mt. Prevost 4 – 6:30
<p>Slhihws (Weds), March 12th ABCD, Day 2</p>	<ul style="list-style-type: none"> • Craft & Chat with Student Nurses in rm 214 @ lunch • Wordle Wednesday Club meets in 107 @ lunch • Climate Action Committee meets in rm 200 @ lunch • Girls Rugby – practice 3:30 – 5:15 pm @ old Cow High Field • Hot Lunch Day!
<p>Sxu'athuns (Thursday), March 13th ABCD, Day 1</p>	<ul style="list-style-type: none"> • Science & Math Support Club – room 107 @ lunch • Rainbow Club room 200 @ lunch
<p>Slhq'etsus-s (Friday), March 14th ABCD, Day 2</p>	<ul style="list-style-type: none"> • Spirit Day – Dress Like a Tacky Tourist! • Grade 9 Showcase in C1 • Girl's Rugby Tournament All Day – more info to come • Karaoke in the Band Room @ Lunch

UPCOMING DATES

- **Mar 10** – First Girl's Soccer Practice
- **Mar 12** – Hot Lunch Delivery Day / Staff Meeting
- **Mar 14** – Spirit Day – **Dress Like a Tacky Tourist!**
- **March Break** – March 17th – 28th
- **Mar 28** – Purdy's Fundraiser – orders due by today
- **Apr 14** – Non-Instructional Day - NO SCHOOL
- **Apr 18 – 21** – Easter Long Weekend
- **May 1** – Due date for Quamichan Yearbook orders (more info below)

- **May 3 – Quamichan Mother's Day Market** – all \$ raised goes to our Leadership class

CLUBS

Cowichan Citizens Youth Club – All welcome. **Tuesdays** @ lunch in rm 200

D&D Club – **Tuesdays** from 3:30 – 5 pm in room 108E

Chess Club – **Tuesdays** @ lunch in rm 103

Wordle Wednesday Club – All skill levels welcome. Meet on **Wednesdays** in room 107.

Climate Action Committee – **Wednesdays** in rm 200 @ lunch – cookies provided!

Rainbow Club – Everyone welcome. Room 200 on **Thursdays** @ lunch

Science and Math Support Club – Rm. 107 on **Thursdays** for support in Science and Math

Karaoke Club – Bring out your inner super star in Modular 2 on **Fridays** @ lunch

SPORTS

NEW! Girls Soccer

Practice – **Monday, March 10th** - 3:45 - 5:00 pm at the Sportsplex.
If anyone has any questions, please see Mr. Hart

Girls Rugby

Girls Rugby next week:

Fitness: Tuesday 7:30-8:20am @ new Quw'utsun gym (optional)

Practice: Wednesday 3:30-5:15pm @ old school field

Tournament: Friday all day (more info to come)

Drop-In Rock Climbing – **Tuesdays and Fridays** from 4-6:30 pm @ Cowichan Climbing Gym

Parent/Caregiver/Educator Info Session: Understanding and Guiding Youth in Online Gaming

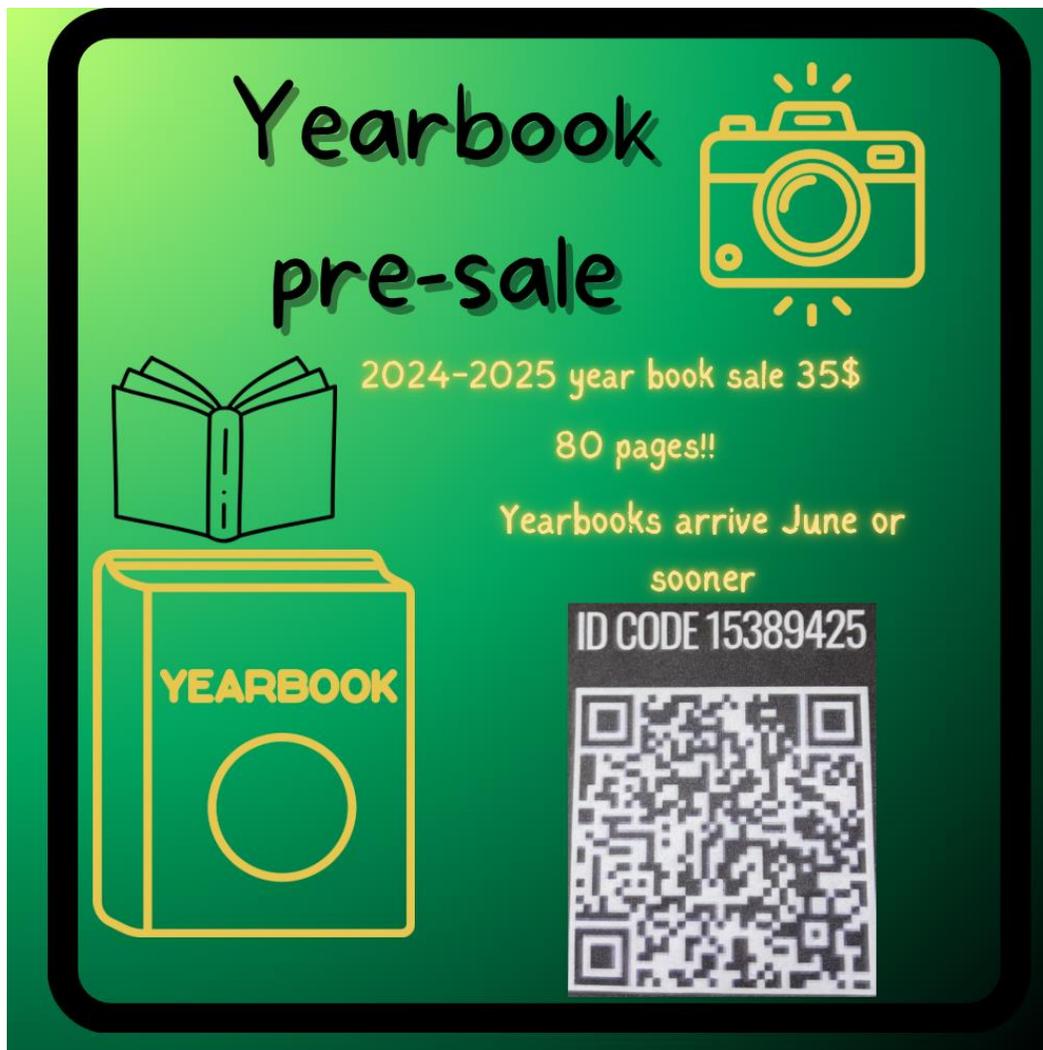
Public Safety Canada is hosting a webinar series on the unique aspects of online gaming, highlighting the benefits and the potential risks for children. This event is facilitated by GamerSafer, a safety tech company dedicated to protecting players and gaming communities from digital risks and harms.

This event is designed to share expert insights and actionable strategies among parents, caregivers, educators, and civil society to gain a deeper understanding of online gaming, learn how to engage positively with youth on digital safety, and explore ways to protect children from exploitation and abuse in online gaming environments. This session will be hosted on Zoom.

[Register](#) now for the presentation on Wednesday, March 5, 2025, from 10:30 am to 12:00 pm PST.

PAC:

- Help your Quam PAC each time you make purchases at **Co-op gas stations** (fuel or in- store purchases). Just use our Co-op membership number #26568 and your rebate for those purchases will be directed into the Quam PAC fundraising account! Thank you!
- **Hot Lunch** – next Hot Lunch is **March 12th**. Orders would have had to be in last week.



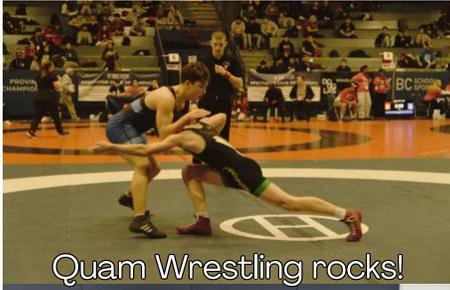
A green poster with a black border. At the top, the text "Yearbook pre-sale" is written in a large, black, hand-drawn font. To the right of this text is a yellow outline icon of a camera. Below the main text, there is a yellow outline icon of an open book. To the right of the open book, the text "2024-2025 year book sale 35\$" is written in yellow. Below this, "80 pages!!" is written in yellow. Further down, "Yearbooks arrive June or sooner" is written in yellow. On the left side, there is a yellow outline icon of a closed book with the word "YEARBOOK" written on its cover in yellow. To the right of this icon, there is a black box containing the text "ID CODE 15389425" in white. Below the ID code is a QR code.

Yearbook
pre-sale

2024-2025 year book sale 35\$
80 pages!!
Yearbooks arrive June or
sooner

YEARBOOK

ID CODE 15389425



Quam Wrestling rocks!



Robert L is #1 bowler!



Band 8



Gr. 9 Elite Team is #1



Grade 8 Showcase



Mr. Candelaria, Koa & Kaeda presenting their soup from Foods 9



Woodshop is fun!



Supporting a Cause Never Tasted So Good!

Buy your favourite chocolates to support

Quamichan's Leadership Program



Go to purdys.com/fundraising or Scan QR



Enter customer # to shop & support.

Place your order by

Contact at

for more details.

QUAMICHAN SWAG



Truckers Caps

\$20



T-Shirts

\$20



Crew Neck

\$35



Hoodies

\$40



Full Zip Hoodies

\$55



Jogging Pants

\$35

CUSTOMER INFORMATION

FULL NAME

EMAIL

PHONE

ORDER INFORMATION

PRODUCT TYPE

Please circle your style & colour choice below

SIZES

S, M, L, XL, 2XL (\$5 extra)

LOGO COLOURS

White, Black, Silver, Gold, Pink, Navy, Rainbow



Unisex T-Shirt Colours \$20 (6500M)



Size	Logo Colour	Logo Place
		Full Front/ Left Chest



Unisex Hoodie Colours \$35 (18000)



Size	Logo Colour	Logo Place
		Full Front/ Left Chest



Unisex Hoodie Colours \$40 (18500)



Size	Logo Colour	Logo Place
		Full Front/ Left Chest



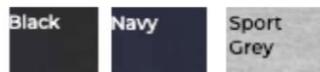
Unisex Full-Zip Hoodie Colours \$55 (18600)



Size	Logo Colour	Logo Place
		Full Front/ Left Chest



Unisex Jogging pant Colours \$35 (18200)



Size	Logo Colour	Logo Place
		Full Front/ Left Chest

ORDER TOTAL: \$ _____ Payment Attached: Paid Online:

(Other styles, sizes and colours available upon request)



QUAMICHAN SCHOOL
PRESENTS

a Mothers Day
MARKET

SATURDAY | MAY 3 | FROM 10-2
2025

2515 Beverly Street, Duncan

See you there

**VENDOR APPLICATIONS
NOW OPEN**

email us at: quamichanmarket@gmail.com
or quamichanheadsecretary@sd79.bc.ca for
an application or more information.



SPRING VOLLEYBALL

Monday Nights

March 31 - June 2, Co-Ed

6:10-7:10pm: Grades 7-8

7:15-8:15pm: Grades 5-6

8:20-9:20pm: Grades 9-11

Si'em Lelum Gymnasium

Cost: \$80/player



Tuesday Nights

April 1-June 3, Co-Ed

7:10-8:10pm: Grades 5-8

8:15-9:15pm: Grades 8-11

Duncan Christian School

Cost: \$80/player

REGISTRATION NOW OPEN



Please visit our Facebook page for
registration information

Email: cowichanvolley@gmail.com

Beyond Basketball Spring Programs

Developing girls basketball across the Cowichan Valley

**REGISTER
NOW!**

<https://registration.teamsnap.com/form/22611>

April 7 to
May 5,
2025

**U13 Girls Train and Play
Grade 4-7**

April 7 to
May 26,
2025

**U15 Girls Spring League
Grade 8-10**



Duncan Christian School



Duncan Christian School



5:00pm - 6:30pm



6:45pm - 8:30pm

**BEYOND
BASKETBALL**



beyondbasketballcvi@gmail.com

