


<p>Liimus (April) <i>(The time when the wild geese fly in V formation)</i> Week at a glance:</p>	
<p>Syulwulhnet (Monday), April 21st</p>	<p>Easter Monday NO SCHOOL</p>
<p>Sthumunt-s (Tuesday), April 22nd BADC, Day 1</p>	<ul style="list-style-type: none"> • Chess Club Meeting @ lunch in rm 103 • D&D Club meets in room 108E @ lunch • Cowichan Citizens Club in rm 200 • Power Lifting Club meets in Fitness Portable @ lunch • Rock Climbing Club @ Mt. Prevost 4 – 6:30 • Girls Soccer away game v. FKSS – 3:30 pm kickoff
<p>Slihw (Weds), April 23rd BADC, Day 2</p>	<ul style="list-style-type: none"> • Staff v. Student Basketball Game in A Block (11:15 – 11:45 am) • Wordle Wednesday Club meets in 107 @ lunch • Climate Action Committee meets in rm 200 @ lunch • Track & Field practice - 2 – 5 pm @ Sportsplex • 2 Hour Early Dismissal (students out @ 1:14 pm) • Girls Soccer practice @ 3 :45 – 5 pm @ Sportsplex • Girls Rugby: TBA (game?)
<p>Sxu'athuns (Thursday), April 24th BADC, Day 1</p>	<ul style="list-style-type: none"> • Student Advisory Rep Meeting • Science & Math Support Club – room 107 @ lunch • Rainbow Club - room 200 @ lunch • Music Club - room 204 @ lunch • Girls Soccer away league game v. Shawnigan Lake School – 3:30 pm kickoff
<p>Slhq'etsus-s (Friday), April 25th BADC Day 2</p>	<ul style="list-style-type: none"> • Karaoke @ lunch in Modular 2 • Track & Field CVIAA League Meet #2 – 2 - 5 pm @ Sportsplex • Girls Rugby practice – 3:30 – 5 pm at old school field • Rock Climbing Club @ Mt. Prevost 4 – 6:30

UPCOMING DATES

- **Apr 18 – 21 – Easter Long Weekend – NO SCHOOL**
- **Apr 23 – 2 Hour Early Dismissal (out at 1:14 pm) / Staff v. Student Basketball**

Tournament in A Block / Track roster deadline for T&F team

- **Apr 24** – Hot Lunch Day (order due week before)
- **May 1** – School-Wide Track & Field Day / Due date for Quamichan Yearbook orders (more info below)
- **May 2** – **Non-Instructional Day – NO SCHOOL** for students
- **May 3** – **Quamichan Mother's Day Market**
- **May 7** – Hot Lunch Day (orders due the week before)
- **May 8** -Grade 9 Showcase in C2 / Tentative Date for Evening of the Arts @ Quamichan – more info to come
- **May 14** – 2 Hour Early Dismissal (out at 1:14 pm)
- **May 19** – Victoria Day – NO SCHOOL
- **May 22** – Hot Lunch Day (orders due the week before)
- **June 20** – LAST DAY OF REGULAR CLASSES

CLUBS

Mt. Bike Club - **Mondays** @ Mt. Tzouhalem from 4 – 5:30 pm

Eco Club - Look for messages in the PIT and listen to announcements for more

NEW! Tzinqua Dancing – **Tuesdays** @ lunch. Meet in rm 132 at lunch to walk over to Alexander with Mr. Mason.

Power Lifting Club - **Tuesdays** from 3:30 – 4:30. See Mr. Candelaria for more details!

Cowichan Citizens Youth Club – All welcome. **Tuesdays** @ lunch in rm 200

D&D Club – **Tuesdays** from 3:30 – 5 pm in room 108E

Chess Club – **Tuesdays** @ lunch in rm 103

Wordle Wednesday Club – All skill levels welcome. Meet on **Wednesdays** in room 107.

Climate Action Committee – **Wednesdays** in rm 200 @ lunch – cookies provided!

Music Club - **Thursdays** at lunch in room 204

Rainbow Club – Everyone welcome. Room 200 on **Thursdays** @ lunch

Science and Math Support Club – Rm. 107 on **Thursdays** for support in Science and Math

Karaoke Club – Bring out your inner super star in Modular 2 on **Fridays** @ lunch

SPORTS

Archery

TBA – see Mr. Carlin for info.

Girls Soccer

Tuesday, April 22nd – away League Game v. Kelsey with 3:30 pm kickoff (girls to be dismissed early)

Wednesday, April 23rd – Practice 3:45 – 5 pm @ Sportsplex

Thursday, April 24th – Away League Game v. Shawnigan with 3:30 pm kickoff (girls to be dismissed early)

Girls Rugby

Wednesday, April 23rd: TBD (game?)

Friday, April 25th: Practice 3:30 – 5 pm @ Old School Field

Drop-In Rock Climbing – Tuesdays and Fridays from 4-6:30 pm @ Cowichan Climbing Gym

Track & Field

Wednesday, April 23rd – T&F practice with multiple schools – coaches for all events
3:00 – 6:00pm The Sportsplex

Friday, April 25th – CVIAA League Meet #2 3:00 – 6:00 pm @ The Sportsplex

Wednesday, April 30th – T&F practice with multiple schools – coaches for all events 3:00 – 5 pm @ The Sportsplex

Wednesday & Thursday, May 7 & 8th – North Island Meet in Port Alberni

Tuesday & Wednesday, May 20 & 21st - Island Championships - Top Four from each event at

North Island's Qualify

Wednesday, May 28th – T&F practice for athletes who qualified for provincials; multiple schools – coaches for all events 3:00 – 6:00pm The Sportsplex

Wednesday, Thursday & Friday, June 6, 7, & 8th - Provincial Championships



Upcoming Hot Lunch Dates Until End of Year (order the week before):

- Wednesday, May 7th
- Thursday, May 22nd

Hot lunch orders are through [Munch a Lunch.com](https://munchalunch.com) and MUST be placed the week before.

- Help your Quam PAC each time you make purchases at **Co-op gas stations** (fuel or in-store purchases). Just use our Co-op membership number #26568 and your rebate for those purchases will be directed into the Quam PAC fundraising account! Thank you!




Bus Passes Replacement

Replacement fee for lost and altered passes is \$10.00. Payment can be made for replacement passes via e-transfer to buspasspayments@sd79.bc.ca or by credit card at 250-748-1066 ext 276 Replacement passes will be sent with your students afternoon driver.





2025
QUAMICHAN
LIGHTNING
YEARBOOK PRESALES
ID CODE: 15389425



Or go here:

https://ybpay.lifetouch.ca/Order/SelectJob?utm_source=Flyer&utm_medium=Print&utm_campaign=YB25_5003906 and enter the ID code:

5389425 Pre-Orders due: April 30th, 2025

QUAMICHAN SWAG



Truckers Caps

\$20



T-Shirts

\$20



Crew Neck

\$35



Hoodies

\$40



Full Zip Hoodies

\$50



Jogging Pants

\$35

CUSTOMER INFORMATION

FULL NAME

EMAIL

PHONE

ORDER INFORMATION

PRODUCT TYPE Please circle your style & colour choice below

SIZES S, M, L, XL, 2XL (\$5 extra)

LOGO COLOURS White, Black, Silver, Gold, Pink, Navy, Rainbow



Unisex T-Shirt Colours \$20 (6500M)



Size	Logo Colour	Logo Place
<input type="text"/>	<input type="text"/>	Full Front/ Left Chest



Crew Neck

Unisex Crew Colours \$35 (18000)



Size	Logo Colour	Logo Place
<input type="text"/>	<input type="text"/>	Full Front/ Left Chest



Hoodie

Unisex Hoodie Colours \$40 (18500)

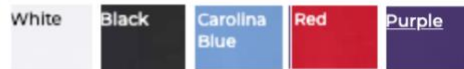


Size	Logo Colour	Logo Place
<input type="text"/>	<input type="text"/>	Full Front/ Left Chest



Full Zip

Unisex Full-Zip Hoodie Colours \$50 (18600)

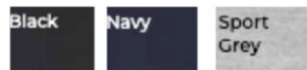


Size	Logo Colour	Logo Place
<input type="text"/>	<input type="text"/>	Full Front/ Left Chest



Jogging Pant

Unisex Jogging pant Colours \$35 (18200)

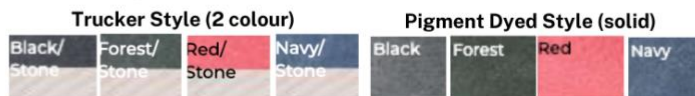


Size	Logo Colour	Logo Place
<input type="text"/>	<input type="text"/>	Left Thigh



Cap

Unisex Cap Colours \$20 (SP510/SP500)



Logo Colour	Logo Colour
White or Black	White or Black

ORDER TOTAL: \$ _____ Payment Attached: Paid Online:

(Other styles, sizes and colours available upon request)