

P'ug'ulenuhw (September)

(The time when the leaves turn colour)



WEEK AT A GLANCE

Sept 21 - 25, 2026

Syulwulhnet – Sept 21 (Monday) ABCD – Day 2	Gr 9 Girl's volleyball practice – 3:30 to 5:30pm
Sthumunt-s – Sept 22 (Tuesday) ABCD – Day 1	- Create & Connect club in Counselling @ Lunch - Cross Country @ Bright Angel Park 3:00pm
Slhihws – Sept 23 (Wednesday) ABCD – Day 2	Gr 9 Girl's volleyball practice – 3:30 to 5:30pm
Sxu'athuns – Sept 24 (Thursday) ABCD – Day 1	Create & Connect club in Counselling @ Lunch
Slhq'etsus-s – Sept 25 (Friday) ABCD – Day 2	Rock Climbing drop-in at Ecole Mt Prevost – 4:00 – 6:30pm

UPCOMING DATES

- September 22 – Picture Day!
 - September 25 – Terry Fox Run 11:00 am
 - September 29 – Orange Shirt Day
 - September 30 – Truth and Reconciliation Day – No School
 - October 2 – 1 hr early dismissal
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IMPORTANT INFORMATION

Parking at Quamichan and Drop Offs and Pick Ups:

- Please note that there is no stopping in front of the school as this is reserved for busses and is used throughout the day 8:30am – 4:00pm.
- We **need parents to instead use designated parking spaces or park and drop your child on Howard Ave** .
- We really appreciate our wonderful bus drivers and the job that they do for our children every day! It is very difficult and dangerous for bus drivers to weave their busses around cars stopped in our bus lanes and children crossing the bus lanes.



REMINDER:

We are unable to store scooters inside the school. If your child brings a bike or scooter to school they will need to have a good lock and there is no covered area at school to lock bikes and scooters up.

CLUBS

Create & Connect Club

- A drop-in Youth Peer Support Group everyone welcome, Tuesday at Lunch in Counselling. Snacks provided, hosted by the Integrated Child & Youth team.

SPORTS

Volleyball – Tuesday/Thursday - Grade 8 girls volleyball tryouts at 3:30pm in the gym

Rock Climbing Club – Fridays (except NID days) at Mount Prevost School from 4:00 to 6:30 pm. Open to all school aged children.



Congratulations to all competitors & scorekeeper volunteers in the Welcome Back Rock Climbing Competition!!

The following students made the podium:

Kaylee Bamber –	2 nd Place Advanced Female
Cassidy Douglas –	3 rd Place Beginner Female
Logan Marien –	1 st Place Beginner Male
Kael Geist –	3 rd Place Beginner Male



Order Quamichan School Snack Shack eGift Cards by scanning the QR card or using the following link to buy one for your student! They make the perfect gift. Send gift cards instantly to anyone.

Powered by Square Gift Cards
app.squareup.com



<https://app.squareup.com/gift/ML7VD93BFQR37/order>



Congratulations!! and thank you to our newly elected PAC executive team.

Chair: Donna Richards

Vice-Chair: Mary Dougherty

Treasurer: Lindsay Sharp

Secretary: Melissa Rieger

They will be working hard to support the school once again this year. Reach out if you have ideas or energy to contribute - all parents/guardians are welcome at general meetings and are needed as volunteers for events.

Any comments or suggestions can be sent to: quamichanschoolpac@gmail.com

Next Meeting: Wednesday October 7th – 6:00 pm – School Library

Indigenous Ancestry & Support

‘Uy’skweyul! Tansi!

Welcome to a fantastic year of growth and learning. Indigenous education staff work throughout the district to foster inclusive classrooms where every student feels a sense of belonging and experiences academic success.

If your child has Indigenous ancestry - First Nations, Métis or Inuit, (documentation is NOT required) and you would like to self-identify, please see the school secretary for a self-identification form. Each year your child will be funded for and included in Indigenous Education programs. Almost all programs will be delivered in the regular classroom, to ALL students. You will be asked to give permission for any activities offered outside of the regular class. If you have self-identified with the school in previous years, you do NOT need to do a new form each year.

You can opt out of Indigenous Education services at any time by notifying the Indigenous Education staff in person or in writing either at your school or through the district office 250 748 0321 ext 235, or email at ined@sd79.bc.ca

As you may know, in 2017, the Federal Government changed from using the term Aboriginal people to using Indigenous Peoples when referring to First Nations, Métis & Inuit peoples. This change acknowledges the rights of Indigenous Peoples as outlined in the UN Declaration of the Rights of Indigenous Peoples.

https://www.un.org/development/desa/indigenouspeoples/wpcontent/uploads/sites/19/2018/11/UNDRIP_E_web.pdf

It will take us some time to transition to the new language so you may see the terms Indigenous and Aboriginal both used.

We are looking forward to a positive school year together!



We Want YOU

...to become a

Volleyball Referee



*** Being certified as a volleyball referee is a great way to earn some extra money!**

*** Being certified is required to referee Middle School, High School or club volleyball season.**

*** Being fully certified as a Level One Official (Local) can be used as a High School Graduation credit**

**Register today by email at:
victoriavbref@gmail.com**

**The next theory course is being offered
Sep 24 at Frances Kelsey || Oct 1 at Duncan Christian**

*** Register by Sept 21 - only 30 spots available ***

Practical evaluations will take place during upcoming tournaments

Please sign up using this form: <https://forms.gle/orerBHBG2TiLCpH1A>

Picture Day is Coming!

**Tuesday, September 22, 2026
Quamichan School**



What to Expect:



Students are
photographed on
Picture Day



Proofs are sent home
with your student



Order packages
and more on
mylifetouch.ca

Questions? Contact our Help Center at lifetouch.com/support-ca. Select K-12 School Photography for assistance.

QUAMICHAN SCHOOL

SWAG

Show your school spirit!



\$40

(S-XL)

\$45

(2XL+)

HOODIE

#18500



\$22

(S-XL)

\$27

(2XL+)

T-SHIRT

#4800



\$22

(S-XL)

\$27

(2XL+)

WOMEN'S T-SHIRT

#4810



\$35

(S-XL)

\$40

(2XL+)

LONG SLEEVE SHIRT

#6014



\$35

(S-XL)

\$40

(2XL+)

CREWNECK SHIRT

#18000 / 562MR



\$35

(S-XL)

\$40

(2XL+)

SWEATPANTS

#18200

Side or Down Leg • Solid or Distressed

SIDE LOGO OPTIONS



SIDE LOGO #1

White or Black



SIDE LOGO #2

Black Only

SWEATPANTS LOGO

Either Side Logo #1 or #2
or "QUAMICHAN" in Solid or Distressed

FRONT LOGO STYLES

QUAM

SOLID

QUAM

SOLID

QUAM

DISTRESSED

QUAM

DISTRESSED

FRONT LOGO COLOURS



White



Black

(Other colours available upon request)

SCAN ME!



or order forms
in the office

PRE-ORDERS OPEN UNTIL OCT. 2ND
FOR DELIVERY BY OCT. 16TH